

Department of Psychology Psychology 205 (L01) –Principles of Psychology Fall 2008

Instructor: Dr. M. Boyes Lecture Location: ENA 201

Phone: 220-7724 Lecture Days/Time: MWF 2:00-2:50pm

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Course Description and Goals

This course provides a general introduction to the major areas of psychology. At the end of the course, you will be able to evaluate psychological information according to the scientific method and will have an introductory-level knowledge of:

- psychology as a biological and social science
- the diverse sub-fields of psychology
- current theories for understanding different areas of psychology
- methodologies and terminology used in different areas of psychology

Lectures are intended to highlight and extend, rather than summarize, assigned text readings. You will benefit most from lectures if you read the assigned material prior to the corresponding lecture. Class outlines will be available on the Department of Psychology website: http://www.psych.ucalgary.ca/students/courses/

These outlines are provided to assist you in organizing and understanding the material and are not a substitute for class attendance.

University of Calgary Curriculum Objectives

- 1. <u>University of Calgary Core Competencies.</u> Through this course, in addition to the course content detailed in this outline, you will be provided opportunities to observe and apply **critical and creative thinking skills**, to conduct **analyses of problems** within and beyond course material and be shown some of the skills needed to **gather and organize information** effectively. You will experience a small amount of the logical **calculation and mathematical ability** that underpins some of the sub-fields of Psychology. Further, as far as is possible in an introductory course, you will have an opportunity to see and **apply the abstract reasoning** that supports Psychological theories as well as the **interpretive and assessment skills**, and the **insight and intuition** that goes into **generating knowledge** in Psychology and in general.
- 2. <u>Curriculum Redesign Features</u>. The **interdisciplinary location and aspects** of Psychology will be regularly featured parts of the course. As well, **international aspects** of Psychological theory and discipline issues will be presented. While limited by the size and introductory nature of the course you will, through class examples and suggested reflective exercises, see how psychology can be seen and

studied **experientially** and how **research fits** directly into the material discussed and practiced in class.

Required Text

PSYCHOLOGY

Required Text: Lefton, L.A., Brannon, L., Boyes, M. C., and Ogden, N.A. (2008) **Psychology**, (Third Canadian Edition) Allyn and Bacon Canada, Toronto.

There is a study guide available for this textbook. It is up to the student to decide if they wish to purchase one. (If such books have been of use to you in that past or if you feel you could use some help structuring your studying for the course than it is a good idea. If, on the other hand, you have a study system that works for you then you may not need it).

Blackboard for PSYC 205

There is an area on the general campus Blackboard site set aside for this course. Blackboard can be accessed via this link: http://blackboard.ucalgary.ca/webapps/login

Evaluation

Three term tests and a final exam are scheduled. All are non-cumulative, multiple-choice tests based on both textbook and lecture material (including films and other demonstrations). Not all test material will be covered in class, and some test material covered in class will not be covered in the text, so regular attendance is important for success in this course. Note that you are responsible for all assigned readings from the text even if the specific content has not been covered in lectures. Many test questions will involve critical thinking, a skill you will be given practice developing in class, so again it's to your advantage to come to class.

Your course grade will be computed as the average of your best two in-term test marks and your final exam mark (32% each). Thus, you can do badly on one of the three tests (or miss one due to illness/emergency) but you must write two of the three tests as well as the final exam. Never miss a test unless it is absolutely necessary, since a subsequent illness/emergency could cause you to miss a second test. If you miss a second term test, you must supply me with Physician/Counsellor Statement(s) indicating the basis for BOTH missed tests as soon as possible after the second missed test. Make things easy on everyone: do not miss more than one term test.

"Test-Taking Advice: Especially for the Multiple-Choice Challenged": http://www.psych.ucalgary.ca/CourseNotes/mcadvice.html

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	В	76-79%	C	63-66%	D	50-53%
A-	85-89%	В-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is

between two letter grades. In this course there will be no rounding up of final grades, especially in light of the opportunities students have to increase their final grade via bonus credits.

Lecture Schedule

DATE	Topics	Readings
Sep. 8, 10, 12	Introduction to Psychology	Ch 1
Sep. 15, 17	The Science of Psychology	Ch 2
Sep 19	Brain and Behaviour	Ch 3
Sep. 19	Last day for Winter registration and change of registration for Winter Session or full courses. No fee refunds for withdrawals after this date.	
Sep. 22	Brain and Behaviour	Ch 3
Sep. 24, Sep. 26	Sensation and Perception	Ch 4
Sep. 29	Test #1	Ch's 1, 2, 3, 4
Oct. 1, 3	Consciousness	Ch 5
Oct. 6, 8,	Learning	Ch 6
Oct 10	Memory	
Oct. 13	THANKSGIVING NO CLASSES	
Oct. 15	Memory	Ch 7
Oct. 17	Cognitive Psychology and Language	Ch 8
Oct. 20, 22	Motivation and Emotion	Ch 10
Oct. 24	Test #2	Ch's 5, 6, 7, 8, 10
Oct. 27, 29	Human Development I: Childhood	Ch 11
Oct.31	Human Development II: Adolescence	Ch 12
Nov. 3, 5	Intelligence	Ch 9
Nov. 7	Personality	Ch 13
Nov. 10	Reading Break No Classes (Nov 8 through 11)	
Nov. 12, 14	Personality	
Nov. 17	Test #3	Ch's 11, 12, 9, 13
Nov. 19	Stress and Health Psychology	Ch 15
Nov. 21, 24, 26	Psychological Disorders	Ch 16
Nov. 28,	Treatment	Ch 17
Dec. 1		Cl. 14
Dec. 3, 5	Social Thought and Social Behaviour	Ch 14
Dec 5	Last day to allocate Bonus Credits to Fall Session half courses.	
DEC. 5	Winter Session lectures end Last day to withdraw from Winter Session half courses	
Dec. 8-17	Winter Session Final Examinations (And our final quiz)	Ch's 15, 16, 17, 14

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test

Make-up exams are NOT an option without an official University medical excuse (see the University Calendar). You must contact the instructor <u>before</u> the scheduled examination or you will have forfeited any right to make up the exam. At the instructor's discretion, a make-up exam may differ significantly (in form and/or content) from a regularly scheduled exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup exam is written within two (2) weeks of the missed exam. A completed Physician/Counselor Statement will be required to confirm absence from a test for health reasons. The student will be required to pay any cost associated with the Physician Counselor Statement.

Course Credits for Research Participation

Experiential-Learning/Article-Evaluation Course Component (4% of final grade)

This experiential-learning/article-evaluation component provides enriched learning opportunities in this introductory course. You can complete this component by participating in research studies (Option 1: Research Participation), by completing 1-page article evaluations from a designated list (Option 2: Article Evaluations), or by a combination of the two options. Thus, you will learn more about psychology by taking part in research studies and/or by reading and evaluating articles from a psychological perspective.

Option 1: Research Participation. Students can complete this course component by creating an account and participating in Departmentally approved research studies at http://ucalgary.sona-systems.com. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. Each study will be followed by an educational debriefing experience. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. The last day to participate in studies and to assign earned credits to your course is **December 4, 2008**.

Option 2: Article Evaluations. Students can complete this course component by reading and evaluating articles. Students earn 1% (1 credit) for each acceptable evaluation. Students can submit only one evaluation per due date (**September 26, October 17, November 7, November 28, 2008**). Please consult the Blackboard for this course for more information about this option.

Option 3: Combinations of Options 1 and 2. Students can complete this course component through any combination of Options 1 and 2 (e.g., 3% through Option 1 and 1% through Option 2, or vice versa). Given that each article evaluation counts for 1%, students who complete, for example, 2.5% through Option 1 would need to complete two evaluations to successfully complete all 4% of this course component. As mentioned under Option 2, students can only submit one article evaluation per due date. Thus, students who opt to combine Options 1 and 2 must plan ahead carefully.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 220-5567.

Student Union VP Academic: Phone: 220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: Phone: 220-3913 <u>socialscirep@su.ucalgary.ca</u>

Important Dates

The last day to drop this course and still receive a fee refund is **September 19, 2008**. The last day to withdraw from this course is **December 5, 2008**.