

Psyc383	Personality	Spring 2021
<b>Instructor:</b>	Guy Pelletier	<b>Lecture Location:</b> Web based – on Zoom
<b>Email:</b>	gpelleti@ucalgary.ca	<b>Lecture Days/Time:</b> T/R 18:00 – 20:45
<b>Office:</b>		
<b>Office Hours:</b>	Wednesdays 5:00 – 6:00 PM	

### Course Description

The purpose of this course is to familiarize the student with the main theories, concepts and research strategies that characterize the field of personality. Four major domains will be examined: (1) Psychodynamic, from Freud to contemporary theories; (2) Phenomenology, humanism and existentialism; (3) Traits and the heritability of behavior (4) Behaviorism, Social Learning, and Social Cognitive theory. We will examine theories which are representative of each domain, we will evaluate their strengths and weaknesses, and we will discuss their implications for psychological interventions. Toward the end of the course we will focus on some contemporary issues and future directions.

### Course Learning Outcomes

Course Learning Outcomes	PLO(s)	Level(s)
Convey concepts and ideas in personality and some aspects of social psychology	1	C
Describe biological, psychological, and social foundations of personality	1	I
Identify historical trends, recent advances, and limits of psychological knowledge	1	I
assess and critically evaluate information, ideas, and assumptions comprehensively and from a variety of perspectives in personality	2	C
assess the relevance, reliability, validity, and utility of different sources of information	5	I
understand the practical importance and uses of concepts and methods in personality psychology	7	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,\* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

### **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

### **Course Format**

Lectures will be taught live via Zoom during each scheduled class as per the course schedule below and will be recorded and posted to D2L after class. PowerPoint slides for all the lectures will also be posted on D2L

### **Prerequisites**

Psyc 200-201 – Principles of Psychology I and II

### **Required Text**

Cervone, D. & Pervin, L. (2019). *Personality Theory and Research (14<sup>th</sup> ed.)*. Hoboken, NJ: Wiley. The text is available in the University Bookstore and is also available as an electronic book (Kindle version)

### **Assessment Methods**

1. **The exam format will be entirely multiple choice.** Students are not allowed to use any materials other than the exam materials during the exams. Students cannot use lecture notes, texts, personal computers or tablets, iPhones, etc.
2. Midterm #1: 30% of final grade, Chapters 1 – 4 and corresponding lectures, 75 minutes
3. **Midterm #1 is Thursday May 20, 7:30 PM (second half of the lecture) to Friday May 21, 7:30 PM.**
4. Midterm #2: 30% of the final grade, Chapters 5-9 and corresponding lectures, 75 minutes
5. **Midterm #2 is Tuesday June 3, 7:30 PM (second half of the lecture) to Wednesday June 4, 7:30 PM.**
6. **Final Exam:** Set by the Registrar's Office, 40% of the final mark. All material covered in the course, with a strong emphasis on Chapters 10 – 13 and lectures 2 hours.

Exams in this course are closed book. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams.

### University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

### Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

**A+ grade: *Exceptional Performance.*** An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range: *Excellent Performance.*** Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

**B Range: *Good Performance.*** Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range: *Satisfactory Performance.*** Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range: *Marginally meets standards.*** Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

**F grade: *Course standards not met.*** Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

### Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
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A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, **final percentage grades will be rounded up or down to the nearest whole percentage** (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

### Tentative Lecture Schedule

Ideally in table format with date of class, topics to be covered, and chapters/readings to be read. Due dates for tests/exams and assignments should be included in this schedule as well.

Date	Topic/Activity/Readings/Due Date (revise and add columns & rows as necessary)	
W May 5	Spring term lectures begin.	
R May 6	Introduction – the scientific study of persons	Ch. 1, 2
T May 11	<b>Last day to drop classes without penalty and last day to add or swap classes.</b> Psychoanalysis – Freudian Models	
		Ch. 3
R May 13	Psychoanalysis – Jung, Adler, Neo-Freudians to Object relations	Ch.3
T May 18	Applications of Psychoanalysis, Critical evaluation	Ch. 4
R May 20	Phenomenological theory – Roger's Person Centered theory	Ch. 5
	<b>Mid-Term #1 (available on D2L from May 20 7:30 PM to May 21 7:30 PM)</b>	
T May 25	Phenomenological theory – related theories, applications	Ch. 6
	Critical evaluation	
R May 27	Trait theories	Ch 7
T Jun 1	Trait theory: applications and evaluation	Ch. 8
	Biological foundations: evolutionary psychology, genetics	Ch. 9
R Jun 3	Behaviorism and learning approaches to personality	Ch. 10
	<b>Mid-Term #2 (Available on D2L from June 3, 7:30 PM to June 4, 7:30 PM)</b>	
T June 8	Cognitive theories: Kelly's personal construct theory	Ch. 11
	Julian Rotter's social learning theory	Not in textbook
R June 10	Social Cognitive theory: Bandura and Mischel	Ch.12
T June 15	Social cognitive theory: other theoretical concepts	Ch.13
	applications, critical evaluation	
R June 17	Commonalities and controversies in personality theories	Ch. 1, pp 15-20
M June 21	Start of Spring Final Exams	
W June 23	End of Spring Final Exams	

## **Course Credits for Research Participation:**

### **Extra Research Participation Course Credit is Not Offered for this Course.**

#### **Absence From A Test/Exam**

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam

<https://www.ucalgary.ca/pubs/calendar/current/m-1.html> . . Students who miss a test/exam have up to 24 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 24-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 1 week of the missed test/exam during exam make-up hours provided by the department**

<http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

#### **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official June and August examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department.

Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology ([psyugrd@ucalgary.ca](mailto:psyugrd@ucalgary.ca)).

**Reappraisal of Graded Term Work** <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

**Reappraisal of Final Grade** <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

#### **Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors.

For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at

<http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

### **Academic Misconduct**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

### **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

### **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright ([www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf](http://www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf)) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

### **Freedom OF Information and Protection of Privacy**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

### **Student Support and Resources**

<https://www.ucalgary.ca/registrar/registration/course-outlines>

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is Tuesday, May 11, 2021**. Last day for registration/change of registration is **Tuesday, May 11, 2021**. The last day to withdraw from this course is **Thursday, June 17, 2021**.