



UNIVERSITY OF
CALGARY

Department of Psychology

Psychology 383 (L01) – Personality

Winter 2009

Class Time:	Thursday 18:30 to 21:15	Classroom: MFH 164
Instructor:	Guy Pelletier, Ph.D., R.Psych.	
Telephone:	355-3212 (Tom Baker Cancer Centre)	Office: A 257
E-mail:	gpelleti@ucalgary.ca	
Office Hours:	By appointment	

Course Description and Goals

The purpose of this course is to familiarize the student with the main theories, concepts and research strategies which characterize the field of personality. Five major paradigms will be examined: (1) Psychodynamic; (2) Family, Society, and Culture; (3) Traits and the heritability of behavior; (4) Phenomenology and humanism; (5) Behaviourism, Social Learning, and Social Cognitive Learning. We will examine theories which are representative of each paradigm and we will evaluate their strengths and weaknesses. Toward the end of the course we will focus on some contemporary issues and future directions.

Instructional Approach:

Lecture material will be drawn from the textbook and from various other sources, providing the students with a broad and current presentation of personality psychology. The lectures are intended to highlight ideas, most (but not all) of which are presented in the textbook, and to elaborate upon information. **Thus, the course will be going beyond the textbook and is not intended to be mere repetition.** Questions are strongly encouraged as they enrich the delivery of the lectures. It is unlikely that any of the lectures will fully cover any and all topics that are presented in the textbook. Students are responsible for reading and understanding the assigned textbook chapters. Students are also encouraged to read the assigned material prior to the corresponding lecture. This will facilitate a better comprehension of the subjects that will be presented.

Students should keep in mind that this is a survey course indented to provide basic, wide-ranging knowledge of personality psychology. This is an ambitious endeavor that will require the learning and understanding of a considerable amount of information. Students interested in more detailed discussions of various theories and of other subjects in personality psychology will be encouraged to consider higher-level, more advanced courses.

Lecture slides will be made available on **Blackboard** so as to facilitate note taking. The slides will highlight **ONLY** the main points of the lectures and are not meant to replace class attendance. Class attendance is essential to obtain full coverage of the subjects.

Required Textbook

Crowne, Douglas P. (2007). Personality theory. Toronto: Oxford University Press. The textbook is available at the U of C bookstore.

Evaluation

The exam format will be entirely multiple choice.

Midterm #1: 30%. Chapters 1 to 5 and lectures, 75 minutes. Thursday February 05 2009 6:30 PM to 7:45 PM.

Midterm #2: 30%. Lecture on Object Relations Theory, Chapters 6, 7, 8, 9, and 16 and lectures. Thursday March 12 2009 6:30 PM to 7:45 PM.

Final Exam: 40%. All material covered in the course, with a strong emphasis on Chapters 11 to 15, 17 and lectures. The final exam is scheduled by the Registrar during final exam time.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. In this course there will be **no** rounding up of final grades, especially in light of the opportunities students have to increase their final grade via research participation.

Tentative Schedule

Class Date	Course Topic	Text Reading
January 15	Introduction: Contemporary study of personality Psychoanalysis – Freudian Model (1)	Ch 1, 2
January 22	Psychoanalysis – Freudian Model (2)	Ch 2,3
January 29	Carl Jung's Analytic Psychology Neo-Freudians – Alfred Adler	Ch 4,5
February 05	Midterm #1 Neo-Freudians: Sullivan, Horney, Fromm	Ch 6-7
February 12	Ego Psychology: Hartmann, Erickson	Ch 8

	Object relations theories: Fairbairn, Mahler, Kohut, Bowlby Strengths and weaknesses of the psychodynamic paradigm	
February 26	Trait theories: Allport, Cattell, Eysenck, and the Big Five	Ch 9
March 05	Evolutionary psychology, genetics, and personality Strengths and limitations of the trait paradigm	Ch 16
March 12	Midterm Exam #2 Video “The Human Behavior Experiments”	No readings
March 19	Phenomenology and Humanism: Rogers, Maslow, Kelly Strengths and weaknesses of the Humanistic paradigm	Ch. 11
March 26	Learning theory: The S-R theory of Dollard and Miller	Ch 12
April 02	Learning theory: The radical behaviorism of B.F. Skinner Strengths and limitations of behavioral theory in personality studies Social Learning theory: Julian Rotter	Ch 13, 14
April 09	Social-Cognitive theories: Albert Bandura and Walter Mischel	Ch 15
April 16	Social-Cognitive theories: additional concepts, strengths and weaknesses Commonalities and Continuing Controversies, Summary and question period	Ch. 15, 17
April 20 - 30	Final Exam to be Scheduled by the Registrar	

University of Calgary Curriculum Objectives:

As much as possible, the course will encourage critical thinking, the analysis of problems, the growth of insight and intuition in understanding issues in personality psychology, and the acquisition of basic knowledge which can lead to the development of interpretive and assessment skills.

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup

test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

Course Credits for Research Participation

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **April 16, 2009**.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 220-5567.

Student Union VP Academic: Phone: 220-3911 [suvpaca@ucalgary.ca](mailto:suypaca@ucalgary.ca)
Student Union Faculty Rep.: Phone: 220-3913 socialscirep@su.ucalgary.ca

Important Dates

The last day to drop this course and still receive a fee refund is **January 23, 2009**. The last day to withdraw from this course is **April 17, 2009**.