

PSYC 385.		Abnormal Psychology		Fall 2021	
Instructor:	Kristin Russell, Ph.D., R.Psych.	Lecture Location:	Online/D2L/Zoom lectures		
Email:	krchampa@ucalgary.ca	Lecture Days/Time:	Hybrid, R: 18:00-20:45		
Office Hours:	Please contact to set up a Zoom meeting	TA:	Tatiana Lund		
		TA email:	tclund@ucalgary.ca		

Course Description

This course is designed to provide an overview primarily to the field of adult psychopathology, with some discussion of child and adolescent psychopathology where relevant. We will examine the historical origins of psychopathology, theories related to abnormal behavior, and how to classify and diagnose psychological disorders. A number of different disorders will be examined in terms of their etiology (what contributes to the development of the disorder), specific defining features, developmental course, assessment (the measurement of disorders), treatment (ways to intervene), and prognosis of the major psychological disorders. Current theory and research will be emphasized.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify and describe biological, psychological, and sociocultural bases of adult psychopathology	Exams Written assignments	1, 2, 4, 5, 7	C, I
Describe how the understanding and classification of psychological disorders evolved over time	Exams	1	I
Accurately identify and describe different psychological disorders including their classification, causes, symptoms, and diagnostic criteria	Exams Written assignments	1, 2, 4, 5, 7	C, I
Identify and discuss ethical issues related to mental health/disorders	Exams Written assignments	1, 4, 5, 6, 7	I
Identify and evaluate issues and methods related to the prevention and treatment of psychological disorders	Exams Written assignments	1, 2, 4, 5, 7	I
Identify and compare similarities and differences between disorders and/or disorder subtypes within/between different diagnostic classifications	Exams Written assignments	1, 2, 4, 5, 7	C, I
Discuss and evaluate controversies in the field of abnormal psychology	Exams Written assignments	1, 2, 4, 5	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate

information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Format

This class will be an online hybrid class, with both synchronous and asynchronous class delivery. As noted in the lecture schedule below, some classes will be held live via Zoom and others will be delivered via recorded lecture which will be posted to the course D2L page by the day/time of each scheduled class. All information regarding the course, exams, and assignments will be posted on D2L and students should be diligent in keeping up to date with the information to ensure course requirements are met and to keep apprised of any changes or updates to the course information.

Prerequisites

PSYC 200 and 201- Principles of Psychology I and II

Required Text

Revel for Abnormal Psychology, Second Canadian Edition

Beidel, Bulik, Stanley & Taylor ©2022 | Pearson Education Canada | Published: 04/30/2021

**This is an interactive digital textbook. Please see D2L for instructions on purchasing access to your textbook- You can purchase the textbook through the University of Calgary bookstore or through Pearson. On D2L you will find a word document and a power point that provides all the information needed regarding purchasing and accessing the textbook as well as general tips for using the text.

Assessment Methods

Component	% of Grade	Material evaluated/required	Due Date
Exam 1	15	Chapters: 1, 3, 4 and corresponding lectures/ lecture materials -multiple choice	October 7, 2021
Assignment 1	20	-Paper (3-4 pages)	October 17, 2021, due to the D2L dropbox by 11:59pm
Exam 2	20	Chapters 5, 6, 8, 9 and corresponding lectures/lecture materials -multiple choice	November 4, 2021
Assignment 2	20	-Case study question response	December 2, 2021, due to the D2L dropbox by 11:59pm

Final exam	25	Cumulative exam to include general concepts from the full term with a primary focus on chapters 10, 11, 12, 15 and corresponding lectures/lecture materials -multiple choice and written response	TBD – will take place during final exam period December 11-22, 2021
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Exams: Exams will be administered via the Quizzes section on D2L. The midterms will be 75 minutes in duration, with an additional 37.5 minutes allotted to accommodate any technology issues that may arise, for a total of 112.5 minutes. Students will be able to write the exams during a 112.5 minute timeframe of their choosing within the 24 hour period of the specified exam day. The registrar scheduled final exam will be 90 minutes in duration, with an additional 45 minutes to accommodate issues for a total of 135 minutes, also to be available for a 24 hour period.

Not all testable material will be covered in lectures, and students will be responsible for all assigned readings from the text even if the specific content has not been covered in lectures. **Exams in this course are closed book.** The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams. Exams not completed on the specified date, and with no contact of the instructor within 24 hours following the exam, will be assigned a grade of 0.

Assignment 1: This assignment involves viewing a movie and writing a 3-4 page paper that discusses questions related to the movie's depiction of mental health issues/disorders. Evaluation will be based on quality/comprehensiveness of responses to questions and evidence of critical thinking. More detailed information regarding this assignment will be posted on D2L, including a selection of possible movies that can be used for the assignment. The completed assignment is to be submitted to the designated D2L dropbox on October 17, 2021 by 11:59pm.

Assignment 2: This assignment will involve reading a case study provided by the instructor and responding to a series of questions regarding the case study. Evaluation will be based on quality/comprehensiveness of responses to questions and evidence of critical thinking. The case study, questions, and more detailed information regarding this assignment will be posted on D2L on November 4, 2021. The completed assignment is to be submitted to the designated D2L Dropbox on December 2, 2021 by 11:59pm.

General assignment information: More detailed instructions for both assignments will be posted on D2L. Without prior instructor approval, late assignments will be penalized 10% per day, including weekends. Assignments more than 5 days late will not be accepted without prior instructor approval. Assignments not completed by the due date, and without prior instructor approval, will be assigned a grade of 0.

****Please note: Student collaboration is not allowed on exams or assignments. There is to be no discussion or collaboration with other students in the course or any other individual regarding exams or assignments.**

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology course instructors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. In this course there will be no rounding up of final grades, especially in light of the opportunities students have to increase their final grade via research participation.

***Please note- grades will not be adjusted based on how close one is to the next letter grade or other reasons (e.g., scholarship funding, future academic plans, performance in other courses).*

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
T Sep 7	<i>First day of lectures</i>
R Sep 9	Synchronous First class: Introduction and review of course outline Chapter 1: Abnormal Psychology: History and Modern Perspectives
R Sep 16	Synchronous Chapter 3: Assessment and Diagnosis <i>Last day to drop a class without financial penalty</i>
F Sep 17	<i>Last day to add or swap a course</i>
R Sep 23	Asynchronous Chapter 4: Anxiety, Obsessive Compulsive, and Trauma/Stressor related disorders
F Sep 24	<i>Fee payment deadline for Fall Term full and half courses.</i>
R Sep 30	No Classes National Day for Truth and Reconciliation
R Oct 7	Exam 1 (chapters 1, 3, 4)
M Oct 11	<i>Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.</i>
R Oct 14	Synchronous Chapter 6: Bipolar and Depressive Disorders
Sunday Oct 17	Assignment 1 due to D2L Dropbox 11:59pm
R Oct 21	Asynchronous Chapter 9: Substance Related and Addictive Disorders – Guest lecture: Brad Brazeau Chapter 5: Somatic Symptom, Dissociative, Factitious Disorders
R Oct 28	Synchronous Chapter 8: Gender Dysphoria, Hypersexual Disorder, and Paraphilic Disorders
R Nov 4	Exam 2 (chapters 5, 6, 8, 9)
Nov 7-13	Term Break No Classes
W Nov 11	<i>Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.</i>
R Nov 18	Synchronous Chapter 11: Personality Disorders
R Nov 25	Asynchronous Chapter 10: Schizophrenia Spectrum and other Psychotic Disorders

R Dec 2	Asynchronous Chapter 12: Neurodevelopmental, Disruptive, Conduct, and Elimination disorders Assignment 2 due to D2L Dropbox 11:59pm
R Dec 9	Synchronous Chapter 15: Legal and Ethical Issues and class wrap up <i>Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses.</i>
Dec 13-22	<i>Fall Final Exam Period</i> Final exam (cumulative)

Extra Research Participation Course Credit is Not Offered for this Course.

Supporting Documentation

Students may be asked to provide supporting documentation for an exemption/special request. This may include, but is not limited to, a prolonged absence from a course where participation is required, a missed course assessment, a deferred examination, or an appeal. Students are encouraged to submit documentation that will support their situation. Supporting documentation may be dependent on the reason noted in their personal statement/explanation provided to explain their situation. This could be medical certificate/documentation, references, police reports, invitation letter, or a statutory declaration, etc. The decision to provide supporting documentation that best suits the situation is at the discretion of the student. Students cannot be required to provide specific supporting documentation, such as a medical note.

Students can make a Statutory Declaration as their supporting documentation (available at ucalgary.ca/registrar). This requires students to make a declaration in the presence of a Commissioner for Oaths. It demonstrates the importance of honest and accurate information provided and is a legally binding declaration. Several registered Commissioners for Oaths are available to students at no charge, on campus, please see ucalgary.ca/registrar.

Falsification of any supporting documentation will be taken very seriously and may result in disciplinary action through the Academic Discipline regulations or the Student Non-Academic Misconduct policy.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <https://www.ucalgary.ca/legal-services/university-policies-procedures/accommodation-students-disabilities-procedure>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material

protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Thursday, September 16, 2021**. Last day add/swap a course is **Friday, September 17, 2021**. The last day to withdraw from this course is **Thursday, December 9, 2021**.

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>