

Psychology 433 (L01)

Introduction to Clinical Psychology

Summer 2014

Instructor:	Ana Petrovic-Poljak	Lecture Location:	SA 147
Phone:	403-220-4975	Lecture Days/Time:	TR 18:00-21:00
Email:	apetrovi@ucalgary.ca	Lab Days/Time:	WF 9:00-13:00
Office:	Administration 235D	Lab TAs:	Liza Mastikhina
Office Hours:	Flexible, by appointment		

Course Description and Goals

This course is designed to introduce the student to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and
Psychology 385 – Abnormal Psychology

Required Text

Hunsley, J., & Lee, C. M. (2014). *Introduction to Clinical Psychology: An Evidence-based Approach (3rd Edition)*. New York: J. Wiley & Sons. Available at University Bookstore. Also available through Wiley, as an e-Book.

The following articles will be provided by the instructor:

Halgrim Seager, A. M. (1994, June 27). My world now: Life in a nursing home, from the inside. *Newsweek*.

Angell, R. (2014, February 17). Life in the Nineties. *The New Yorker*.

Evaluation

Lecture Components:

Component	% of Grade	Material	Date
Midterm Exam	25%	Ch. 1-9 & Lecture material	July 29 2014
Final Exam	30%	Ch. 10-15 & Lecture material	Scheduled by registrar
Participation	5%		Throughout the term

Exams will consist of short answer and written answer questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. The final exam will be non-cumulative and will only consist of material covered after the midterm. If an exam is missed it can only be made up following the provision of a Physician/ Counselor Statement, otherwise a grade of 0 will be assigned for that exam.

Lab Components:

Component	% of Grade	Date
Article Review	15%	Due in your lab the week of TBA
Individual Presentation	20%	As arranged in lab
Participation and Attendance	5%	Throughout the term

You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignments. The article review will consist of a paper of between 5 and 7 pages in length plus a cover page (typed, double spaced, 12-point font), which describes (1 page maximum), and then discusses (3- 5 pages) the methodology, strengths and limitations of an original *research* (not a theoretical article) article, and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Choose any article from a current (defined as since 2010) issue of the following journals: *Journal of Consulting and Clinical Psychology*, *Psychological Assessment*, *Behaviour Research and Therapy*, or the *British Journal of Clinical Psychology* (all are available on line through OVID), and submit the article with your review. More information will be provided in your lab section. This paper is due in your lab the week of **TBA**. Late assignments will be accepted and should be handed in at the main office of the Department of Psychology. However, the penalty for late assignments will be 10% per day, including weekends. E-mailed article reviews will not be accepted.

Presentations will be given individually during the lab sessions and will last approximately 15-20 minutes (final amounts will be discussed in lab). Presentation will consist of a case study of a single person (e.g., actor, musician, athlete, etc) or a show, movie or book character. Students will be responsible to discuss background information, presenting psychological symptoms, diagnosis, and empirically supported psychosocial treatments through their in-depth analysis of the selected case. The presentation is required for the lab; it is not an option. Presentations if missed can only be made up with Physician/Counselors Statements; otherwise a grade of 0 will be assigned for the presentation.

Students are expected to attend labs regularly and to participate in discussions. For every lab, each student will receive a mark for participation in class exercises and discussion. Normally students will not be able to make up marks for missed labs. More specific details regarding grading and expectations will be discussed in class and posted on Blackboard. **Students must achieve a passing grade on both the class and lab components to pass this course.**

Department of Psychology Grade Distribution Policy

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be “A” grades (A+, A, and A-), and 2) up to 40% of grades 400-level psychology courses will be “A” grades.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student’s thorough knowledge of subject matter.

B Range: Good Performance. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: Marginally meets standards. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: Course standards not met. Inadequate understanding of subject matter. Written work

does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings
W July 2	Summer Term Lecture begins.
R July 3	The Evolution of Clinical Psychology and Contemporary Clinical Psychology; Chapters 1 & 2 Last day to change registration (drop, add, or swap courses).
T July 8	Research Methods in Clinical Psychology; Chapter 4
R July 10	Classification and Diagnosis & Assessment Overview; Chapter 3 & 5
T July 15	Assessment Overview and Interviewing and Observation; Chapter 5 & 6
R July 17	Assessment Intellectual and Cognitive Measures; Chapter 7
T July 22	Assessment Self-Report and Projective Measures; Chapter 8
R July 24	Assessment Integration and Clinical Decision-Making; Chapter 9
T July 29	Midterm
R July 31	Prevention & Intervention Overview; Chapters 10 & 11
T August 5	Intervention Overview & Adults and Couples; Chapters 11 & 12
R August 7	Intervention Children & Adolescents & Identifying Key Elements of Change; Chapter 13 & 14
T August 12	Geropsychology; Chapter 15, Halgrim Seager (1994) & Angell (2014)
R August 14	Clinical Neuropsychology, Clinical Health Psychology & Forensic Psychology; Chapter 15 Summer Term Lectures End. Last day to withdraw from full session Summer Term courses.
August 15-18	Summer term Final Examinations. Actual date to be assigned by Registrar.

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the

instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered except under exceptional circumstances. Students are advised to wait until the final examination schedule is posted before making any travel arrangements.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in departmentally approved research and earn credits toward their final grades. **A maximum of two (2) credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>

The last day to participate in studies and to assign or reassign earned credits to courses is **August 14th, 2014.**

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>
Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca
Student Union Faculty Rep.: Phone: 403-220-3913 socialscirep@su.ucalgary.ca

Important Dates

The last day to drop this course with no “W” notation and **still receive a tuition fee refund** and the last day for registration/change of registration is **TBD**. The last day to withdraw from this course is **August 14th, 2014**.