

PSYC 433
Clinical Psychology
Summer 2023

Instructor: Kristin Russell, PhD, R.Psych. **Lecture Location:** WEB BASED
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Office Hours: Via Zoom, contact via email to set up appointment

Course Description

This course is designed to introduce students to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Evaluate a case study in domains of assessment, intervention, ethics	Case Study assignment	1,2,4,5,6,7	C, A
Describe knowledge as related to the broad field of clinical psychology	Tests	1,2,5,7	C, A
Critically evaluate research	Tests, assignments	1,2,4,7	C, A
Recall and recognize diagnostic, assessment, and intervention theories and methods	Tests, assignments	1,2,5,7	C
Identify ethical principles and dilemmas	Tests, assignments	1,2,4,5,6	I, C
Describe and apply theoretical and practical aspects of specific intervention methods	Tests, assignments	1,2,4,5,7	C, A

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Format

This course will be delivered online in an asynchronous format. Class materials will be posted to the course D2L page as per the corresponding dates below in the lecture schedule. All information regarding the

course, exams, and assignments will be posted on D2L, and students should be diligent in keeping up to date with the information to ensure course requirements are met and to keep apprised of any changes or updates to the course information.

****Note:** On the official first day of class, Tuesday, June 30, 2020, at 9:30am, I will host a live Zoom class session to provide an introduction, review the course outline, and answer any questions regarding the course at that time. Please feel free to attend this Zoom class if available. I will post this class on D2L as well for those who cannot attend the Zoom class.

Prerequisites

[Psychology 300](#), [301](#), [385](#) and admission to the Psychology major or Honours program.

Required Text and readings

Lee, C.M. & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence-based Approach* (4th Edition). New York: J. Wiley and Sons.

Available at University Bookstore. Also available through John Wiley, as an e-Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

Other required readings: Access available through the University of Calgary Library website.

Olatunji, B. Parker, L., Lohr, J. (2005). Pseudoscience in contemporary psychology: Professional issues and implications. *The Scientific Review of Mental Health Practice*. 4(2), 19-36.

Lilienfeld, S. (2007). Psychological Treatments That Cause Harm. *Perspectives on Psychological Science*, 2(1), 53–70. <https://doi.org/10.1111/j.1745-6916.2007.00029.x>

Assessment Methods

Component	% of Grade	Material	Date
Test 1	15%	Chapters 1-4, required readings, lecture material	July 6, 2023
Assignment 1	25%	Presentation	July 17, 2023
Test 2	15%	Chapters 5-10, lecture material, presentations content	July 25, 2023
Assignment 2	30%	Case study/questions (summative project)	August 3, 2023
Test 3	15%	Chapters 11, 12, 14, 15, lecture material	August 8, 2023

Exam guidelines

Tests will be administered via the Quizzes section on D2L. The tests will be 70 minutes in duration, with an additional 35 minutes allotted to accommodate any technology issues that may arise, for a total of 105 minutes. Students will be able to write the tests during a 105 minute timeframe of their choosing within the 24 hour period of the specified exam day.

Tests in this course are closed book and non-collaborative. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the tests in this course. Students may not communicate with others about course material or the test either in person or electronically during test. Each test will consist of multiple choice, short answer, and long answer written questions. Assigned textbook chapters, assigned readings, and lecture content (including class presentations), delivered prior to the test date are eligible to appear on the test.

Assignment guidelines

Assignment 1: This assignment will involve a presentation completed with a partner that will involve analysis of a psychological treatment considered pseudoscientific or potentially dangerous (as discussed in lecture and/or defined in the literature). Briefly, this will involve summarizing the treatment and its' intended purpose, identifying the issues with the treatment, and determining future research in the area. Specific details of this assignment will be posted on D2L. Each two person group will create a 10 minute presentation that will be posted to D2L, and reviewed by all students as part of lecture/class time on July 18 and 20, 2023. I will post a presentation sign up on D2L to allow students to choose their partners if desired. If partners are not chosen by June 30 (last day to drop course), they will be assigned and it will be each student's responsibility to ensure contact with their partner. This presentation must be submitted to the relevant dropbox by **6:00pm July 17, 2023**.

Assignment 2: This will be a **case study assignment** that will involve analysis of a clinical case which incorporates principles learned about assessment, treatment, and other clinical aspects throughout the term, and allows for integration of the course material. A specific case description will be provided and the assignment will consist of several questions to respond to regarding assessment, case formulation, diagnoses, ethical issues, and treatment. This assignment should be submitted to the relevant dropbox on D2L by **11:59pm on August 3, 2023**. *Note: This is **not** a group based assignment and is expected to be completed independently. Students may discuss the case study together, but answers should be original and should not duplicate other student responses.*

General assignment information

More detailed instructions on assignment completion and information regarding grading for both assignments will be posted on D2L. In general, grading of both assignments will be based on completeness/comprehensiveness in terms of addressing required content, reference to the scientific literature, critical thinking, and will adhere to the Department of Psychology Criteria for Letter Grades (as described below).

Without prior instructor approval, late assignments will be penalized 10% per day, including weekends. *Note: Extensions will not be granted due to work commitments, other coursework commitments, or travel plans.* Assignments more than 4 days late will not be accepted, without prior approval from the instructor. In the case of a missed/not submitted presentation without instructor approval, a 0% grade will be assigned.

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity. Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Academic-Misconduct-Policy.pdf>

Department of Psychology Criteria for Letter Grades

Psychology course instructors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

It is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

**Please note- grades will not be adjusted based on how close one is to the next letter grade or other reasons (e.g., scholarship funding, future academic plans, performance in other courses).

Tentative Lecture Schedule (*note: this schedule is subject to minor changes*)

Date	Topic/Activity/Readings/Due Date
T Jun 27	First day of classes Course Introduction - Students are welcome to join via live Zoom at 9:30am if available, will also post recording of Zoom course introduction Chapter 1 A Brief History of Clinical Psychology- Note: not part of Zoom introduction Chapter 2 Contemporary Clinical Psychology- Note: not part of Zoom introduction
R Jun 29	Chapter 2 Professional Issues and Ethics Chapter 3 Classification and Diagnosis
F June 30	Last day to drop classes without penalty and last day to add or swap classes.
T Jul 4	Chapter 4 Research Methods- <i>selected topics</i> Science and Pseudoscience (Readings: Olatunji et al., 2005 and Lilienfeld, 2007)
R Jul 6	Test 1 Chapters 1-4 , lecture content, and required readings Chapter 5 Assessment Overview
T Jul 11	Chapter 6 Assessment Interviewing and Observation Chapter 7 Assessment Intellectual and Cognitive Measures
R Jul 13	Chapter 8 Assessment Self Report, Projective Measures, Risk assessment Chapter 9 Assessment Integration and Clinical Decision making
M Jul 17	Assignment 1 due to dropbox
T Jul 18	Presentations posted to view

R Jul 20	Presentations posted to view Chapter 10 Prevention
T Jul 25	Test 2 Chapters 5-10, lecture content, and presentations Chapter 11 Intervention Overview
R Jul 27	Chapter 12 Intervention: Adults Motivational Interviewing
T Aug 1	CBT and Third Wave Therapies Chapter 14 Intervention: Identifying Key Elements of Change
R Aug 3	Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology Topic Assignment 2 final project due to dropbox
T Aug 8	Test 3 Chapters 11, 12, 14, 15, and lecture content End of Summer Lectures and last day to withdraw from a course.
R Aug 10	Start of Exams
M Aug 14	End of Exams

Extra Research Participation Course Credit is Not Offered for this Course.

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct

Absence From Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor <https://www.ucalgary.ca/pubs/calendar/current/g-1-1.html>. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** [Deferred Final Exams | University of Calgary \(ucalgary.ca\)](https://www.ucalgary.ca/registrar/exams/deferred-exams). Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology psyugrd@ucalgary.ca

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor.

The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments, and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed, or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright

(https://library.ucalgary.ca/services/copyright?_gl=1*bcjlpn*_ga*OTY1ODc0Njg0LjE2NjkxNTA1NTM.*_ga_X4GN9Y4W7D*MTY3Nzc5MjM3Ni4xNy4xLjE2Nzc3OTI4MDYuMC4wLjA) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom of Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to withdraw from this course is **Tuesday, August 8th, 2023**.