



Psychology 353

PSYCHOLOGY OF AGING

<b>Instructor:</b>	Dr. Rose Joudi Kadri	<b>Lecture Location:</b>	PF 2160
<b>Phone:</b>	403- 220 - 2242	<b>Lecture Days/Time:</b>	Thurs: 2pm – 4:50pm
<b>Email:</b>	rjoudi@ucalgary.ca		
<b>Office:</b>	Admin 257D		
<b>Office Hours:</b>	TBA		

**Please read the entire course outline as many questions that you may have about the course are usually addressed in the outline.**

### Course Description and Goals

Upon completion of this course you should have a good understanding of the psychological, biological, and sociological perspectives to the aging process. One main objective of this course is to acquire a class atmosphere that fosters discussions on the aging process. Aside from having an increased knowledge of the aging process, it is anticipated that by the end of the course you will have increased your ability to think about aging issues in a critical manner. It is also anticipated that this course will exercise your reasoning skills in an insightful and logical manner. This course also examines theory and research related to psychological processes during adulthood and aging. Topics may include life-span developmental theories and methods; biological processes; sensory, perceptual and cognitive processes; personality and social processes; life transitions, mental health issues; and dying.

### Prerequisites

Psyc 205 – Principles of Psychology

### Required Text

Cavanaugh, J. C., Blanchard-Fields, F. & Norris, J. (1st Canadian Edition). Adult Development and Aging. Thomson/Nelson.

Lectures are intended to highlight and extend (not summarise) the material in each chapter. Students are encouraged to ask questions and/or provide comments during the lectures as class discussions enhance learning. Students are responsible for the material covered in all lectures, videos, and textbook readings. **Please note that you are encouraged to make arrangements with another student for class information that you may have missed due to absenteeism.**

## Evaluation

The course will consist of **two** Term Tests, **one** Life History Project **and** a Final Exam. Test one and two are worth 21% each and consist of multiple-choice questions. The Life History Project is worth 25% and you will be expected to conduct a Life History interview with an elderly person and apply the Aging concepts into this project. The final exam is worth 33% of your grade, and will consist of multiple-choice questions. The term tests and final exam are non-cumulative.

## Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

## Tentative Lecture Schedule

Date	Topic	Related Readings
R Jan 12	<b><u>(Lectures Begin)</u></b> ✓ Introduction to Adult Aging ✓ Introduction to Adult Aging: Research Methods	Chapter 1: <b>All</b>
R Jan 19	Physical Changes	Chapter 2: <b>All</b>
F Jan 20	Last day to drop a course with tuition refund.	
M Jan 23	Last day for registration/change of registration.	
R Jan 26	Longevity, health & Functioning	Chapter 3: <b>Pg 73 - 89 &amp; 101 - 106</b>
R Feb 2	Mental Health	Chapter 4: <b>to pg 130</b>
<b>R Feb 9</b>	<b><u>TEST ONE</u></b>	<b>Chapters 1, 2, 3 and 4</b>
R Feb 16	Person Environment Interactions	Chapter 5: <b>Pg 156 - 174</b>
T Feb 21	Reading days. No lecture.	
R Feb 23	Reading days. No lecture.	
R Mar 1	Memory	Chapter 7: <b>Pg 211 - 221, and 232 - 237 and 241 - 256</b>
R Mar 8	Intelligence - <b>First Group: LH Project Due</b>	Chapter 8: <b>Pg 257 - 271 and 280 - 300</b>
<b>R Mar 15</b>	<b><u>TEST TWO</u></b>	<b>Chapters 5, 7 and 8</b>
R Mar 22	Personality - <b>Second Group: LH Project Due</b>	Chapter 10: <b>Pg 331 - 351</b>
R Mar 29	Relationships	Chapter 11: <b>Pg 367 - 386, 393 - 402</b>
R Apr 5	Work, Leisure and Retirement	Chapter 12: <b>Pg pages 403 - 422 &amp; 429</b>

		<b>- 441</b>
R Apr 12	Death and Dying - <b>(Final Class)</b>	Chapter 13: <b>All</b>
F Apr 13	Lecture ends. Last day to withdraw	

### **Reappraisal of Grades**

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

### **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

### **Absence From A Test/Exam**

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup

test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

### **Freedom of Information and Protection of Privacy (FOIP) Act**

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally-approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to an individual's final grade. **To get 2%** added to the final grade in a full-year course, like this one, you have to acquire **a total of 4 bonus credits** towards the course. These credits may be acquired in the Fall and/or the Winter Session. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally-approved research studies at <http://ucalgary.sona-systems.com> The last day to participate in studies and to assign or reassign earned credits to courses is **Apr 13<sup>th</sup>, 2012**.

### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>  
Please check this website and note the nearest assembly point for this course.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911

[suvpaca@ucalgary.ca](mailto:suvpaca@ucalgary.ca)

**Student Union Faculty Rep.:** Phone: 403-220-3913

[socialscirep@su.ucalgary.ca](mailto:socialscirep@su.ucalgary.ca)

**Important Dates** <http://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **January 20, 2012**. Last day for registration/change of registration is **January 23, 2012**. The last day to withdraw from this course is **Apr 13, 2012**.