

PSYC 373
Motivation and Emotion
Fall 2019

Instructor:	Dr. Tavis Campbell, Ph.D.	Lecture Location:	ST 141
Phone:	403-998-0706	Lecture Days/Time:	TR 12:30-1:45
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Office Hours:	Tuesday 2-3pm		

Course Description

This course will provide a broad survey of the motivational and emotional factors involved in human behaviour with an emphasis on the various perspectives and theories pertaining to physiological, cognitive, and social needs. This course addresses key questions about what motivates people, why they feel the way they do, and how one person can motivate another. The material will also address topics such as understanding what motivation is, where it comes from, how and why it changes over time, and how motivation can be increased and enhanced. Motivational incentives and theories of emotion will also be explored.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Contrast multiple theories proposed to explain given phenomena within the field of motivation and emotion	Quizzes and Exams	1, 2	I
Describe both philosophical and research approaches to the study of motivation and emotion	Quizzes and Exams	1, 2, 3	I
Critically evaluate research reports, comparing and contrasting findings, and identifying gaps in the literature, in written format	Online Questions and Answers	2, 4, 5	C
Select real-world topics in the area of motivation and emotion and create thoughtful questions that relate to the empirical research.	Online Questions and Answers	1, 4	C
Effectively respond to student-peer question enquiring about important areas within the field of motivation and emotion that is supported by a small set of related research findings	Online Questions and Answers	1, 2, 4	C

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Prerequisites

Psyc 200 and PSYC 201 – Principles of Psychology

Required Text

Reeve, J.M. (2018). *Understanding Motivation and Emotion* (7th Edition). Wiley. Available in the University Bookstore..

Assessment Methods

Quizzes (35% of course grade)

To ensure that students are actively reading the assigned chapters in the course textbook so that they are up-to-date with the class material, at the beginning of the indicated classes (see schedule below), a 10-min quiz will be given covering the assigned readings. There will be a total of 10 quizzes (of which you must complete 7) and the format will be multiple-choice. If you complete more than 7 quizzes, the best 7 scores will be used to calculate your final quiz grade. Without approved documentation, failing to complete a quiz will result in a grade of 0 for each missed quiz. No notes, books, electronic devices or other reference materials are permitted.

Exams (50% of course grade)

There will be 2 exams during the regular semester; each exam is worth 25%. The exams are multiple-choice and short-answer and each exam is non-cumulative. Tests will cover information from both lectures and text chapters. No notes, books, electronic devices or other reference materials are permitted.

Online Discussion with Packback Questions (15% of course grade)

What is Packback Questions?

Packback Questions is an online discussion platform with the purpose of awakening and fueling curiosity in students. Instead of just focusing on memorizing facts, Packback Questions is the place where you can ask big questions that you are truly curious about.

Getting Started - How do you sign up?

You will receive a welcome email from holla@packback.co to your school email account.

Reset your password- *If you already have a Packback account, simply click the email to head to your new community!*

Posting Requirements on Packback

Each week you will have posting requirements

Ask 1 Question & Respond to 2 posts based on the current weeks topics and readings

To be counted it must be submitted by Sunday at 11:59 PM

- You cannot post “early” or “late” to have it count for that specific week
- *When you go to post, tag the week you are posting! (In question bar, write “week 1,” “week 2,” etc)*

How Will you be Graded?

- Packback counts towards 15% of your grade

- This is calculated on your completion of Asking 1 Question & Responding to 2 peers each week by Monday at 11:59 PM

What is the Pricing Structure?

- Packback costs \$25 for the course.

I didn't receive an email from Packback

- Not in SPAM? Navigate to <https://Packback.co/questions> and click "Register as a new student".
 - *Note: If you already have an account on Packback you can login with your credentials.*
- Register with your SCHOOL email address and real first name and last name.
- Enter our class community's Community Lookup Key into the "Join a new Community" module on your dashboard.

Follow the instructions on your screen to finish your payment & registration.

Where to go if you have ANY Questions Regarding Packback

Please contact the customer support team at holla@packback.co!

If you do not wish to pay for access to Packback, you may complete alternate assignments for this portion of your course grade. The alternative assignments will ask you to pose and respond to questions about the course material to provide as similar an experience to using Packback as possible.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. **Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.**

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and

content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. In this course there will be no rounding up of final grades, especially in light of the opportunities students have to increase their final grade via research participation.

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
R Sep 5	University Lectures begin. Chapter 1 - Introduction
T Sep 10	Chapter 2 – Motivation and Emotion in Historical Perspective
R Sep 12	Last day to drop a class without financial penalty No Class
F Sep 13	Last day to add or swap a course
T Sep 17	Chapter 3 - The Motivated and Emotional Brain Quiz #1
R Sep 19	Chapter 4 – Physiological Needs Quiz #2
F Sep 20	Fee payment deadline for Fall Term full and half courses.
T Sep 24	Physiological Needs cont’d.
R Sep 26	Chapter 5: Extrinsic Motivation and Internalization Quiz #3
T Oct 1	Extrinsic Motivation and Internalization cont’d.
R Oct 3	Chapter 6: Psychological Needs Quiz #4
T Oct 8	Psychological Needs cont’d.
R Oct 10	Chapter 7: Implicit Motives
M Oct 14	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
T Oct 15	Implicit Motives cont’d
R Oct 17	Exam #1
T Oct 22	Chapter 8: Goal Setting and Goal Striving Quiz #5
R Oct 24	Chapter 9: Mindsets

T Oct 29	Chapter 10: Personal Control Beliefs Quiz #6
R Oct 31	Chapter 11: The Self and Its Strivings
T Nov 5	The Self and Its Strivings cont'd. Quiz #7
R Nov 7	Chapter 12: Nature of Emotions: Six Perennial Questions
R Nov 10-16	Term break no classes
M Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
T Nov 19	Chapter 13: Aspects of Emotions Quiz #8
R Nov 21	Exam #2
T Nov 26	Chapter 15: Growth Motivation and Positive Psychology
R Nov 28	Growth Motivation and Positive Psychology cont'd
T Dec 3	Chapter 16: Unconscious Motivation Quiz #9
R Dec 5	Special Topics in Motivation Quiz #10
F Dec 6	Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses.
Dec 9-19	Fall Final Exam Period

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the work reappraised as follows. The student shall discuss the work with the instructor **within ten business days** of being notified about the mark or of the item's return to the class. If not satisfied, the student shall take the matter to the head of the department offering the course **within 2 business days of receiving the decision from the instructor**, who will arrange for a reappraisal of the work **within the next ten business days**. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected. Students in faculties without a departmental structure should take the matter to the dean, or designate, of the faculty offering the course. The result of that reappraisal will be given to the student in writing along with information about appealing the reappraisal.

The reappraisal of graded term work may cause the grade to be raised, lowered or to remain the same. There is no limit to the number of pieces of graded work that a student may request be reappraised, however a single piece of work may only be reappraised once.

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

In the reappraisal of a final grade, the only element that will be considered is the grading of the final assessment that makes up the final mark (e.g., final examination, final project, final paper). An exception may occur when the Instructor of Record evaluates a piece of graded term work at the end of the term; that grade may also be considered in a reappraisal of final grade.

A student seeking a reappraisal of a final grade should first attempt to review the final assessment with the department or faculty offering the course. After which, the student shall obtain a Reappraisal of Final Grade form from ucalgary.ca/registrar (under Student Forms). The student must indicate exactly what error was made in marking the final assessment and/or in computing the final grade. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected.

Students requesting a reappraisal of a final grade must submit their request by the following dates:

Fall Term – March 1

Winter Term – June 30

Spring Intersession – August 15

Summer Term – October 15

Supplemental Examinations: 30 calendar days from the date the examination was written

For information relating to Law, Veterinary Medicine and the Cumming School of Medicine (MD) courses, please refer to the faculty section.

The reappraisal form shall be submitted to Enrolment Services who will forward it to the department head or dean of the faculty offering the course. Reappraisals of final grades are dealt with by the head of the academic unit in consultation with members of academic staff. Normally, the department/faculty will respond to a reappraisal request within thirty calendar days of its initiation. After the reappraisal is completed, the department shall return the form to the Registrar's Office who shall inform the student in writing of the decision.

Students should be aware that the grade being reappraised may be raised, lowered or remain the same. A student may request a reappraisal of final for a maximum of two courses in one academic year (September 1 – August 31).

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodations

The student accommodation policy can be found at: ucalgary.ca/access/accommodations/policy.

Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students

needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam <https://www.ucalgary.ca/pubs/calendar/current/n-1.html>. Students who miss a test/exam have up to **48 hours** to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. **Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam.** At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>.

If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>. **Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).**

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Wellness and Mental Health Resources

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, <https://www.ucalgary.ca/wellnesscentre/services/mental-health-services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>).

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Friday, December 6, 2019**.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>. Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca
Student Union Faculty Rep.: arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic

careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca
(<http://www.ucalgary.ca/provost/students/ombuds>)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.
Call 403-220-5333.

Important Dates

The last day to drop this course with no “W” notation and **still receive a tuition fee refund** is **Thursday, September 12, 2019**. Last day add/swap a course is **Friday, September 13, 2019**. The last day to withdraw from this course is **Friday, December 6, 2019**.