



Psychology 385

Abnormal Psychology

<b>Instructor:</b>	Vina Goghari	<b>Lecture Location:</b>	EEEL 161
<b>Phone:</b>	403-210-7344	<b>Lecture Days/Time:</b>	TTh 11-12:15
<b>Email:</b>	vmgoghar@ucalgary.ca		
<b>Office:</b>	A214	<b>TA Info:</b>	Charmaine Thomas Kristin Newman
<b>Office Hours:</b>	By Appt	<b>TA Emails:</b>	charmaine.thomas@ucalgary.ca kristinnewman@shaw.ca

**Course Description and Goals**

This course surveys the field of psychopathology. It reviews the history of psychopathology and covers symptoms (what the disorders look like), diagnosis (how we classify disorders), etiology (what causes disorders), assessment (how we measure disorders), treatment (how we intervene), and social implications (the effects that disorders have on the individual, their family and society) of behavioural disorders. By the end of this course, students will be able to discuss the characteristic symptoms of each major mental disorder, as well as related psychological theories, research findings, and treatment strategies. Class exercises, videos, and guest speakers will attempt to be incorporated into the lectures. STUDENTS ARE EXPECTED TO KNOW BOTH LECTURE MATERIAL AS WELL AS TEXTBOOK MATERIAL (including material not covered in class).

**Prerequisites**

PSYC 205- Principles of Psychology

**Required Text**

Barlow, Durand, & Stewart. (2012). *Abnormal Psychology: An Integrative Approach (3<sup>rd</sup> Edition)*. Nelson Publishing. Available in University Bookstore.

**Evaluation**

Textbook chapters, lecture material, guest lectures, and videos prior to the exam date will appear on the exam. There will be **three exams** in this class (85% of grade). Exams will consist of multiple choice and short answer questions. Exams will be non-cumulative from previous exams. Exams if missed can only be made up with Physician/Counsellor Statements, otherwise a grade of 0 will be assigned for that exam. Students should contact instructor as soon as they know they will miss the exam (and within 48 hours) and normally the make-up must be completed within 1 week.

Exam 1: Tues Feb 7<sup>th</sup> – 28.33%

Exam 2: Tues Mar 13<sup>th</sup> – 28.33%

Exam 3: TBA During Final Exam Period – 28.33%

There will be **one paper** in this class (Due Tues Feb 28<sup>th</sup> – 15% of grade). The paper is to be 5-6 pages in length in written material (typed, double spaced, 12-point font; do not exceed 6 pages). The paper should reflect students' own thoughts on or reactions to the topic, references –empirical papers or books are required– internet resources (other than journals) should not be used. APA formatting is required. Paper is due at the beginning of the class and given to the instructor/TA. Late assignments will be accepted and should be put in the green box outside of A275, however, the penalty will be 10% per day, including weekends. E-mailed thought papers will not be accepted. More specific details regarding grading and expectations will be discussed in class and posted on Blackboard. Thought paper if missed can only be made up with Physician/Counsellor Statements, otherwise a grade of 0 will be assigned for the paper.

### Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A, but 89.4% will be rounded down to 89% = A-).

### Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
T Jan 10	Lecture begins. Abnormal Behaviour in Historical Context; Chapter 1
R Jan 12	Abnormal Behaviour in Historical Context; Chapter 1
T Jan 17	An Integrative Approach to Psychopathology; Chapter 2
R Jan 19	An Integrative Approach to Psychopathology; Chapter 2 Clinical Assessment and Diagnosis; Chapter 3
F Jan 20	Last day to drop a course with tuition refund.
M Jan 23	Last day for registration/change of registration.
T Jan 24	Clinical Assessment and Diagnosis; Chapter 3
R Jan 26	Anxiety Disorders; Chapter 5
T Jan 31	Anxiety Disorders; Chapter 5
R Feb 2	Introduction to Class Paper – Charmaine Thomas and Kristin Newman
T Feb 7	<b>EXAM 1- CHAPTERS 1-3, 5 &amp; LECTURE MATERIAL</b>
R Feb 9	Somatoform and Dissociative Disorders; Chapter 6
T Feb 14	Somatoform and Dissociative Disorders; Chapter 6 Mood Disorders; Chapter 7

R Feb 16	Mood Disorders; Chapter 7
T Feb 21	Reading days. No lecture.
R Feb 23	Reading days. No lecture.
T Feb 28	PAPER DUE BEGINNING OF CLASS Mood Disorder Individual Perspective
R Mar 1	Eating Disorders; Chapter 8
T Mar 6	Eating Disorders; Chapter 8 Sexual Disorders – Chapter 10
R Mar 8	Sexual Disorders – Chapter 10
T Mar 13	EXAM 2 – CHAPTERS 6-8, 10 & LECTURE MATERIAL
R Mar 15	Substance-Related Disorders; Chapter 11 – Charmaine Thomas and Kristin Newman
T Mar 20	Substance-Related Disorders; Chapter 11 – Charmaine Thomas and Kristin Newman Personality Disorders; Chapter 12
R Mar 22	Personality Disorders; Chapter 12 – Charmaine Thomas and Kristin Newman
T Mar 27	Personality Disorder Individual Perspective
R Mar 29	Schizophrenia and Other Psychotic Disorders; Chapter 13
T Apr 3	Schizophrenia and Other Psychotic Disorders; Chapter 13
R Apr 5	Schizophrenia and Other Psychotic Disorders Individual Perspective
T Apr 10	Developmental Disorders; Chapter 14
R Apr 12	Cognitive Disorders; Chapter 15
F Apr 13	Last Day of Classes
TBA	EXAM 3 – CHAPTERS 11-15 & LECTURE MATERIAL

### Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

### Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

### **Absence From A Test/Exam**

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

### **Freedom of Information and Protection of Privacy (FOIP) Act**

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Apr 13<sup>th</sup>, 2012**

### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>

Please check this website and note the nearest assembly point for this course.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suvpaca@ucalgary.ca](mailto:suvpaca@ucalgary.ca)

**Student Union Faculty Rep.:** Phone: 403-220-3913 [socialscirep@su.ucalgary.ca](mailto:socialscirep@su.ucalgary.ca)

### **Important Dates** <http://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **January 20, 2012**. Last day for registration/change of registration is **January 23, 2012**. The last day to withdraw from this course is **Apr 13, 2012**.