

DEPARTMENT OF PSYCHOLOGY Faculty of Arts

Psychology 651 Psychopathology Fall 2019

Instructor: Candace Konnert Lecture Location: AD247B

Phone: 403-220-4976 **Lecture Days/Time:** F 9-11:45

Email: konnert@ucalgary.ca

Office: Admin 235C

Office Hours: By appointment

Course Description and Goals

This course focuses on the phenomenology and etiology of psychological disorders, focused primarily on adults with some content related to children and adolescents as well. Note that the content pertaining to children and adolescents is selective and strategically chosen not to overlap with content delivered in Psychology 673, Psychopathology and Psychological Assessment of Children. Although the course provides an overview of different disorders, the primary emphasis is on reviewing the most interesting and timely issues both generally in the field of psychopathology and for different disorders. In addition, this course will review the conceptual, methodological, and pragmatic issues that arise in both research and practice, including the strengths and weaknesses of classificatory systems such as the Diagnostic and Statistical Manual and the Research Domain Criteria. Throughout the course there will be an emphasis on diversity.

Required Texts

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders (5th edition)*. Washington DC: American Psychiatric Association.

Beidel, D. C., Freueh, B. C., & Hersen, M. (2014). *Adult Psychopathology and Diagnosis*. New York: John Wiley.

Texts are available in the University Bookstore.

Readings: TBA

Evaluation:

Evaluation Component	Worth	Due Date
Participation	15%	Throughout
Discussion questions	10%	Weekly: Wednesday by 10 PM,
		except for Oct 30 and Nov 13
Presentation/discussion lead on topical issue/article	20%	Dates to be assigned
Midterm	25%	Nov 1
Final	30%	TBA

Please note that the use of study aids (e.g., class notes, text), iPods, iPads, computers, books, or notes will not be permitted during exams

Competencies

Students will acquire a critical and evidence-based method of thinking about diagnostic practice and will become familiar with the sources for obtaining additional evidence-based knowledge in the area of psychopathology. Students will have an understanding of the primary methodologies used in the field, including their strengths and weaknesses. They will also become familiar with the most current issues and challenges faced by researchers and practitioners in the field. Students will also develop their presentation skills and learn how to lead a class discussion. Note that communication skills will focus on communicating to both academic and non-academic audiences within a knowledge translation framework.

Evaluation Expectations:

(1) Participation (15%)

It is expected that all students will prepare for and participate in class discussion. Effective participation involves both quality and quantity of responses. You will be evaluated on the <u>quality</u> of your contributions to class as demonstrated, in part, by knowledge of the readings for that week and your thoughtful analysis of the readings.

In addition, the issues-based nature of the course is intended to elicit your thoughts and ideas about interesting and sometimes controversial topics in the field of psychopathology. Do not hesitate to share your views with others. We will strive to create an open and inclusive environment where everyone has the opportunity to share their thoughts and ideas. You will receive feedback on your participation midway through the semester. If you will not be in class, please email me prior to class.

(2) Discussion questions (10%)

Students will be required to submit two questions each week on the topic for that week. These questions can be derived from the readings but may also go beyond the readings and should reflect interesting issues that are raised, including controversies, debates, and dilemmas associated with the topic for that week. For example, questions might deal with conceptual issues in diagnosis, DSM-5 criteria, diversity issues, research and/or methodological issues, or something else. You are encouraged to prepare questions that are interesting and provocative. Although all questions will not be covered in each class, be prepared to discuss your questions and views. Questions must be typed and e-mailed to me (konnert@ucalgary.ca) by 10 PM on Wednesday of each week (see above for exclusions) and must pertain directly to the reading for that week (i.e., not readings from previous weeks). Questions that do not meet this criterion or are late will receive a 0. They will be graded as follows: very good (3), satisfactory (2), or needs improvement (1). Each question should not exceed one-half page, double-spaced. If you include additional articles please cite the references in APA style.

(3) Presentation and Discussion Lead (20%)

Students will be responsible for presenting and leading class discussion on a disorder and a related reading that is relevant to the topic for that week. You will be required to choose a specific disorder that is covered after the midterm and select a reading that reviews an important and interesting issue related to that disorder. (It can be a reading from class.) Your topic and reading should be forwarded to

me no later than September 30th. Please feel free to consult with me regarding the topic and/or reading. These readings will be made available to all students in the class.

The presentation should take about 60 minutes. Students will be given guidance on how to lead a discussion (dos and don'ts)! Note that engaging other students and guiding the discussion are important for success. Please e-mail your PowerPoint slides to me no later than 3 pm on the day before your presentation and I will post them on D2L. Failure to meet this deadline will result in a 10% deduction on your grade for this assignment.

Student presentations will be evaluated using the following criteria:

- 1) Knowledge of the literature, accuracy, emphasis of important points.
- 2) Organization and clarity of the presentation, use of PowerPoint slides.
- 3) Your ability to think critically about the issue. Don't be afraid to take and defend a position!
- 4) The significance of the issue and implications (e.g., to the theoretical and empirical study of psychopathology, to clients and their family members, to society at large).
- 5) Your ideas for future research.
- 6) Your ability to lead a discussion and engage other students. (Note to <u>all</u> students: Please assist your fellow students by actively participating in the discussion.)

(4) Midterm (25%) and Final Exams (30%)

The exams will be essay format. The final exam <u>is not</u> cumulative. The exams will include content from readings, lectures, and student presentations. Essays will be evaluated on both the content and, to a lesser extent, the quality and organization of the writing.

Faculty of Graduate Studies Grading System

A+ = Outstanding performance, A = Excellent performance, A- = Very good performance

B+ = Good performance, B = Satisfactory performance, B- = Minimum pass

C+ All grades of "C+" or lower are indicative of failure at the graduate level and cannot be counted toward Faculty of Graduate Studies course requirements. Individual programs may require a higher passing grade.

Grading Scale

A+	96-100%	B+	83-85%	C+	72-75%	D+	59-62%
Α	90-95%	В	79-82%	С	67-71%	D	55-58%
A-	85-89%	B-	76-78%	C-	63-66%	F	0-54%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic	Chapter from:		
		Beidel, Frueh, & Hersen (2014)		
		Readings posted on D2L.		
Sept 6	Introduction			
Sept 12	Last day to drop a class without a penalty			
Sept 13 Issues in Psychopathology: Classification, Dual Diagnos		Chapters 1, 2, 3		
	Last day to add or swap a course			
Sept 20	Fee payment deadline for Fall Term full and half	Chapters 5 and 15		
	courses.	(Chapter 4 is not required as it		
	Transdiagnostic Perspectives: Sleep Disorders	overlaps with content in Adult		
	Diversity Issues in Psychopathology	Assessment.)		
Sept 27	Schizophrenia Spectrum and other Psychotic Disorders	Chapter 6		
Oct 4	Obsessive-Compulsive and Related Disorders	Chapter 10		
Oct 11	Trauma and Stressor-Related Disorders	Chapter 11		
		Guest lecture: Brooke Russell		
		(PTSD in Children)		
Oct 14	Thanksgiving Day. No lectures.			
Oct 18	Depressive Disorders	Chapters 7 and 8		
	Bipolar Disorders	Guest lecture: Dr. Jen Ference		
		(Anxiety and Depression in		
		Children)		
Oct 25	Anxiety Disorders	Chapter 9		
Nov 1	Midterm Exam	Chapters 1-3, 5-8, 9-11, 15		
		and readings		
Nov 8	Mental Health and Stigma	Guest lecture: Dr. Andrew		
	Somatic Symptom and Related Disorders	Szeto		
	Dissociative Disorders	Chapter 12 and 13		
Nov 10-16	Term Break No Classes			
Nov 11	Remembrance Day. No lectures.			
Nov 22	Feeding and Eating Disorders/Neurocognitive Disorders	Chapter 14 and 20		
Nov 29	Sexual Dysfunction/Paraphilic Disorders/Gender	Chapters 16 and 17		
	Dysphoria			
Dec 6	Substance Use Disorders/Personality Disorders	Chapters 18, 19, 21		
Dec 6	Fall Term Lectures End. Last day to withdraw with			
	permission from Fall Term half courses.			
Dec 9-19	Fall Final Exam Period	Chapters 12-14, 1621 and readings		

Reappraisal of Graded Term Work: See https://www.ucalgary.ca/pubs/calendar/current/i-2.html
Reappraisal of Final Grade: See https://www.ucalgary.ca/pubs/calendar/current/i-3.html

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html) to ensure they are aware of the consequences of unauthorised sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

The student accommodation policy can be found at: ucalgary.ca/access/accommodations/policy.

Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam https://www.ucalgary.ca/pubs/calendar/current/n-1.html. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled

test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam unless there are extenuating circumstances.

If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam https://www.ucalgary.ca/registrar/exams/deferred-exams.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam

https://www.ucalgary.ca/registrar/exams/deferred-exams. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Wellness and Mental Health Resources

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student

Centre, https://www.ucalgary.ca/wellnesscentre/services/mental-health-services and the Campus Mental Health Strategy website, https://www.ucalgary.ca/mentalhealth/

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

http://www.ucalgary.ca/emergencyplan/assemblypoints

Please check this website and note the nearest assembly point for this course.

Student Organizations

The Psychology Graduate Students' Association (PGSA) is an organization built to provide support for all graduate students in the Department of Psychology. They can be contacted at pgsa@ucalgary.ca
The Graduate Student Association (GSA) Vice-President Academic can be reached at (403) 220-5997 or pgsa.vpa@ucalgary.ca; Information about the GSA can be found here: https://gsa.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca) https://www.ucalgary.ca/student-services/ombuds

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.

Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and still receive a tuition fee refund is Thursday, September 12, 2019. Last day for registration/change of registration is Friday, September 13, 2019. The last day to withdraw from this course is Friday, December 6, 2019.